

Chun-Gun

4th Blue
Belt



View Form

Chun-Gun is named after the patriot Ahn Chun-Gun who assassinated Hiro Bumi Ito, the first Japanese governor-general of Korea, known as the man who played a leading part in the Korea-Japan merger. There are 32 movements in this pattern to represent Mr. An's age when he was executed at Lui-Shunh prison in 1910.

- 1 Cross left arm under right arm
Step to left side into right back stance
Left ridge hand block
- 2 Left front kick
Maintain hand position
- 3 Step ahead with kicking foot while drawing right hand back
With right foot assume cat stance
Execute a right palm block
- 4 Turn 180 deg clockwise on left foot
Cross right arm under left arm
Assume left back stance
Right ridge hand block
- 5 Right front kick
Maintain hand position
- 6 Step ahead with kicking foot while drawing left hand back
With left foot assume cat stance and
Execute a left palm block
- 7 Shift balance to right foot
Turn 90 deg counter clockwise with left foot
Right back stance
Knife hand guarding block
- 8 Left front stance
Right high section elbow strike
- 9 Step forward with right foot
Left back stance
Knife hand guarding block
- 10 Right front stance
Left high section elbow strike
- 11 Step ahead with left foot
Drawing arm into chest
Assume left front stance
Double temple strike with both fists

- 12 Right front stance
Twin upset punch (fist upward)
Kiyap
- 13 Move right foot inward
Turn 180 deg counter clockwise
Balance on right foot
Assume left front stance
X fist rising block
- 14 Turn 90 deg counter clockwise with left foot
Cross left arm under right
Assume right back stance
Left inner forearm block
- 15 Balance on right foot and pull left foot into right foot for cat stance
Pull left fist to cup and saucer on right side
- 16 Left front stance
Right middle punch
- 17 Pull left foot to right foot
Cross right arm under left
Step with right foot to right side
Left back stance
Right inner forearm block
- 18 Balance on left foot and pull right foot into left for cat stance
Pull right fist to cup and saucer on left side
- 19 Right front stance
Left middle punch
- 20 Step forward with left foot
Left front stance
Left double forearm block
- 21 Move left foot inward
Draw left fist into left side
Right back stance
Left punch
- 22 Pivot on left foot
Chamber right knee
High right side kick
- 23 Right front stance
Right double forearm block
- 24 Move right foot inward
Draw right fist to right side
Left back stance
Right back stance punch

- 25 Pivot on right foot
Chamber left knee
High left side kick
- 26 Right back stance
Knife hand guarding block
- 27 Move left foot outward
Raise right hand upward and left hand straight down
Left front stance
Right palm press
- 28 Left back stance
Knife hand guarding block
- 29 Move right foot outward
Raise left hand upward and left hand straight down
Right front stance
Left palm punch
- 30 Move left foot up to the right
Pivot 90 deg counter clockwise
Drawing left foot to right
Bring right arm across front of chest
Elbow at 90 deg angle and left fist down on left side
- 31 Right back stance
Pushing block
- 32 Draw left foot to right
Left back stance
Pushing block