

## Terminology

Korean	English	Belt Level
Cha Ryot	Attention	Yellow
Kyung Nae	Bow	Yellow
Jhoon Bee	Ready	Yellow
Shi Jak	Start	Yellow
Ko Mahn	Stop	Yellow
Shuh	At Ease	Yellow
Sa Ju Kong Bong	4-Direction Block & Attack	Yellow
Do Jang	School, Training Hall	Yellow
Pil Sung	Certain Victory	Yellow
Do Bok	Uniform	Yellow
Ki Yap	Yell	Yellow
Yope Chaggi	Side Kick	Yellow
Dwe Ro Dorah	About Face	Orange
Ba ro	Return to order	Orange
Hoo Tay	Retreat	Orange
Chun Jin	Forward	Orange
Chayu Daeryun	Free Sparring	Orange
Il Bo Daeryun	One-step Sparring	Orange
Hyung	Form (pattern)	Orange
Ap	Front	Orange
Yope	Side	Orange
Dolye	Round	Orange
Bal	Foot	Orange
Son	Hand	Orange
Chaggi	Kick	Orange
Jungdan	Middle	Orange
Sangdan	Upper	Orange
Ha dan	Lower, down	Orange
Chongul ja sae	Front Stance	Orange
Hugal ja sae	Back Stance	Orange
Kima ja sae	Riding horseback stance	Orange
Makki	Block	Orange
Kong Keok	Punch	Orange
Dwee yope chaggi	Reverse-side kick	Orange
Sabom Nim	Instructor (6th dan & over)	7th Green
Chogyo Nim	Instructor (under 6th dan)	7th Green
Ap chaggi	Front Kick	7th Green
Dol Yea chaggi	Roundhouse kick	7th Green
Butah Oligi	Upper rising kick	7th Green
Ho Hup	Breathing	7th Green
Kyupka	Breaking	7th Green
Pyugi	Stretching	7th Green
Dee uh	Jumping	7th Green
Bal chaggi	Kicking	7th Green
Ja Sae	Stance	7th Green
Ddee	Belt	7th Green

Je Ju	Student	7th Green
Kwan Su	Spear Finger	7th Green

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Ki bon dong jak	Basic exercises	6th Green
Chiki chaggi	Ax kick	6th Green
Sudo	Knife hand	6th Green
Yup sudo	Ridge hand	6th Green
Ap hulyo / Ohn dal chaggi	Crescent kick	6th Green
Gong gyuck	Attack	6th Green
Son bu dak	Palm	6th Green
Yi Kwon	Backfist	6th Green

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Duro makki	Scooping block	5th Blue
Mok chiki	Neck attack	5th Blue
Goro chaggi	Sweeping kick	5th Blue
Miro makki	Sweeping Block	5th Blue

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Cha bapgi	Stamping Kick	4th Blue
Chung Kwan	4 knuckle fist	4th Blue
Gom Son	Bear hand	4th Blue
Yaup Choomok	Hammer Fist	4th Blue

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Yi jung	X stance	3rd Red
Son Makki	Mountain Block	3rd Red
Ban dahl chaggi	Front twisting block	3rd Red
Ha oh rhi chaggi	Tornado kick	3rd Red
Cha mum chaggi	Checking kick	3rd Red

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**COUNTING**

1 hana	11 yuhl hana	30 sa run
2 dul	12 yuhl dul	40 ma hun
3 set	13 yuhl set	50 sween
4 net	14 yuhl net	60 yay soon
5 do sot	15 yuhl do sot	70 eel hun
6 yo sot	16 yuhl yo sot	80 yuh tun
7 il gope	17 yuhl il gope	90 a hun
8 yo dul	18 yuhl yo dul	100 bek
9 ah hup	19 yuhl ah hup	1000 chun
10 yuhl	20 soo mul	10000 man

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